



SOLO 2022 NATIONS CUP Hosted by YC Carnac

Competition 18th to 21st of June 2022

Organising Authority

YC Carnac in conjunction with the
National Solo Class Association

NOTICE OF RACE

The notation '[NP]' in a rule of this NoR means that a boat cannot protest against another boat who have broken this rule. This modified RRS 60.1(a).

The notation '[DP]' in a rule of this NoR means that the penalty for a breach of that rule, may, at the discretion of the protest committee, be less than disqualification.

1 RULES

Documents governing this event are:

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
- 1.2 The French National prescriptions for foreign competitors are defined in joined Appendix "FFVoile prescriptions"
- 1.3 The National Solo Class Associations Rules will apply.
- 1.4 The racing rules will be changed as follows:
 - Rule 40 is changed so that Competitors will be required to wear adequate personal buoyancy at all times whilst afloat, except for a short period whilst changing clothing. Flag 'Y' will not be displayed; this changes RRS 40 and Race Signals 'Y'.
 - RRS 43.1(b) is substituted by Solo Class Rule C1.1(b) such that the total weight of worn equipment above the knee shall not exceed 10kg. While afloat, all boats shall carry a towline of minimum length 10 meters and minimum diameter 6mm
 - Rule 63.1 changed so that for breaking certain rules boats can be disqualified without a hearing.
 - While afloat, all boats shall carry a towline of minimum length 10 meters and minimum diameter 6 mm. The changes will appear in full in the Sailing Instructions. The Sailing Instructions may also change other racing rules.
- 1.5 If there is a conflict between languages the English text will take precedence.



2 SAILING INSTRUCTIONS

The sailing instructions will be available at registration on-line at website:
www.yccarnac.com

3 COMMUNICATION

3.1 The official notice board will be available on-line at website:
www.yccarnac.com

3.2 [DP] [NP] A boat shall neither make nor receive radio transmissions, text messages or cellular phone calls while racing except in an emergency, from the first warning signal until the end of the last race of the day.

4 ELIGIBILITY AND ENTRY

4.1 The regatta is open to all National Solo class dinghies.

4.2 Competitors shall be full members of the NSCA or an overseas Solo class association recognized by the NSCA.

4.3 Eligible boats may enter on-line at the event website:

<https://www.yccarnac.com/regates-morbihan/coupe-des-nations-du-national-solo> Please note you need to be a member of NSCA or your National Affiliated Association.

4.4 No entries will be accepted after 24th June.

4.5 Competitors (each crew member) having an FFVoile licence shall present during registration:

- their valid FFVoile licence with medical stamp, or accompanied with a medical certificate (dated less than one year) certifying the absence of any medical objection to participate in sailing competition
- A parental authorization for the minors,
- A valid authorization to display advertising on boat
- The card ship
- A valid authorisation to display advertising on boat

Foreign competitors without a FFVoile licence shall present during registration

- A supporting document to prove their membership to a Solo Class Association.

Each participating boat shall be adequately insured with valid third-party liability insurance with a minimum cover of € 1,500,000 per incident or the equivalent. A proof of insurance must be presented at registration (with dates, sail number and type of boats).

All Competitors aged under 18

- Any competitors aged under 18 shall complete an Under 18s Consent Form. This can be downloaded from the 'Document' area of the Solo Class Association websites or on the YC Carnac website:

<https://www.yccarnac.com/regates-morbihan/coupe-des-nations-du-national-solo> and should be completed and handed in at the event.

4.6 All competitors must comply with requirements given under Attachment A " Covid 19"

5 FEES

Required fees are as follows:

Prior to the 2nd of May 240 € per boat - includes a small welcome drink, a meal at the Club (drink included), a small prize at the awards ceremony for the first three of the series and a polo shirt provided by the Class.

An increase of 35 € will be made for late entries after 2nd of May 2022.

Additional meals at the Club, for accompanying persons will be charged 20 €.

Should the completion been canceled, or competitor not able to come, due to Covid situation, the inscription fees will be refunded, except for 20€ that the Club will be able to keep to cover the costs incurred.

In addition, the Yacht Club of Carnac will organize at the restaurant of the Casino a dinner, the Monday 20th evening for competitors and accompanists.

Detail and price of this dinner will be available on the Club website.

6 ADVERTISING & IDENTIFICATION

[DP] [NP] Boats may be required to display advertising chosen and supplied by the Organising Authority. If this rule is broken, World Sailing Regulation 20.9.2 applies.

7 SCHEDULE

7.1 Schedule as follows:

DATE	TIME	EVENT
Friday 17 th June	16.00-18.00	Registration
Saturday 18 th June	08.30 - 10.30 11.00 13.00 18.00	Registration Competitors Briefing 1 st Warning signal for Nations Cup races Opening ceremony and Welcome drink
Tuesday 19 th June	11.00 19.00	1 st Warning signal for Nations Cup races BBQ
Monday 20 th June	11.00	1 st Warning signal for Nations Cup races Optional competitors dinner at the Casino
Tuesday 21 st June	11.00 As soon as possible after race or at 11.00 if no race	1 st Warning signal for Nations Cup races Prize Giving & closing Ceremony

7.2 The regatta will consist of 10 races. It is the intention that races will be sailed back to back on each day.

7.3 The race committee reserve the right to modify the program due to extreme weather conditions or any other causes. This may include bringing scheduled races forward, except the first race on the first scheduled day of racing for a class.

7.4 On the last scheduled day of racing, no warning signal will be made after 15:00.

8 EQUIPMENT INSPECTION

- 8.1 Boats shall produce a valid measurement certificate at registration.
- 8.2 Boats and equipment may be inspected at any time during the event for compliance with Class rules.

9 VENUE

- 9.1 Sailing will be in the Bay de Quiberon. See attachment
- 9.2 Venue information is available on-line at website: www.yccarnac.com



10 THE COURSES

- 10.1 The courses to be sailed will be a combination of windward/leeward legs and triangles. Details will be in the sailing instructions.
- 10.2 The race target times will be stated in the sailing instructions.

11 PENALTY SYSTEM

- 11.1 Appendix P will apply. An observer appointed under rule P1.1 who sees that a boat is in the 'yellow light area' as described by World Sailing interpretations of RRS 42 may warn the boat by, as soon as reasonably possible, making a sound signal, pointing a green / white flag at her and hailing her sail number. There is no penalty. This changes P1. P2.1 is changed by deleting the word 'first'. P2.2 and P2.3 are deleted. This changes P2.

12 SCORING

- 12.1 Three races are required to be completed to constitute a series.
- 12.2
 - (a) When fewer than four races have been completed, a boat's series score will be the total of her race scores.
 - (b) When from four to seven races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
 - (c) When eight or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

13 SUPPORT BOATS AND PERSONNEL

- 13.1 [DP] All drivers of support boats shall be registered with the organizing authority and will be required to comply with event support boat regulations.
- 13.2 All support boats shall clearly display the “yellow jacket” (in exchange of a deposit of 10euros) supplied by the OA at all times while afloat.
- 13.3 Support boats with team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the starting sequence until all boats have finished or the race committee signals a postponement, general recall or abandonment.
- 13.4 Support boats shall be controlled within the race area, they will not be free to roam up and down the course during racing, and further details will be included within the sailing instructions.
- 13.5 Support boats will be required to monitor the VHF safety channel and may be required to give assistance if called upon to do so. Further details will be given in the Sailing Instructions.
- 13.6 All support boat helms shall attend all the safety boat briefings. Details will be given when registering as in NoR 11.1.
- 13.7 All support boats will be required to comply with RRS 3.

14 BERTHING

[DP]Boats shall be kept in their assigned places whilst in the boat park.
Trawlers and cars will be given designated places.

15 DATA PROTECTION

15.1 Right to image and appearance:

When participating at this event, the competitors, legal representatives authorize the Organising Authority, the French sailing Federation (FFVoile)and sponsors to freely use his image, his name, to show at any time, during and after the event, still or moving pictures , films, TV recordings and any other reproduction of himself, took during the event , and this with any possible means and for any use , linked to the promotion of the sailing activities.

15.2 Use of participants' personal data:

When participating at this event, the competitors, legal representatives agree and authorize, the FFVoile and sponsors, such as the Organising Authority to use, and freely keep personal data. These data could be published by the FFVoile or its sponsors. The FFVoile, but also its sponsors may use these data in order to develop programs or for marketing purpose. In accordance with the French legislation on personal data, all participants may have access at its



personal data , may modified such data , may remove the data , may limit the use or refuse such use of data , by writing FFVoile at dpo@ffvoile;fr or by mail.

16 RISKS ESTABLISHMENT

The SSR 3 note: “the decision for a boat to participate to à race or the keep racing is of its sole responsibility”

When participating to this event, each participant accepts and recognizes that sailing activity is a risky sport, with specific risks. These risks include strong winds, heavy sea, sudden changes in weather conditions, equipment failure, mistakes in sailing, bad navigation from other boats, balance loss on an unstable surface, and fatigue, leading to an increased risk of injuries. The risk of material and/or bodily damage is therefore inherent in the sport of sailing.

17 PRIZES

Will be awarded for First, Second and Third overall.

18 FURTHER INFORMATION

For further information please contact:

Steve Ede at the Solo Class, or

Yacht Club de Carnac

Address: Port En Dro,

BP30 56341 Carnac France

Phone: + 33 (0)297 52 66 44

Email: regate@yccarnac.com

Website': www.yccarnac.com

COVID-19 APPENDIX A to the NOTICE OF RACE

Preamble:

Depending on the evolution of the health crisis, the Organizing Authority may modify the conditions of the notice of race without previous notice.

The digital means website: www.yccarnac.com will be used as "Official Notice Board". There will be no physical posting. Competitors will need to have the means to receive these communications. This cannot be grounds for redress. This changes RRS 62.1 (a).

Depending on the evolution of the health crisis, the Organizing Authority may modify the conditions of registration and / or eligibility.

In the unprecedented context of "COVID 19", the Organising Authority may cancel the competition.

1-Barrier gestures (DP):

- Before confirming their registration, each crew member must have individually completed the care - health self-questionnaire available at:
https://www.ffvoile.fr/ffv/web/services/confinement/Questionnaire_Auto-Evaluation.pdf
- All participants in the *Solo 2022 Nations Cup*, whether they are organizers, officials, competitors, or support persons must be in possession of masks and a personal bottle of hydroalcoholic gel, from arrival on the competition site to departure, both ashore and on the water.
- Groups of persons will have to respect the limits defined by the public authorities. Where possible, any grouping of people should be avoided when physical distancing (2 m) cannot be respected.
- It is recommended to always wear a mask. The persons involved in the organization of the event, officials, competitors, and support persons (coaches...) when they are on the water, may not wear a mask.
- Barrier gestures must be scrupulously respected as soon as a person involved in the *Solo 2022 Nations Cup* is ashore. Failure to comply with the instructions issued or transmitted by the organizer, including orally, may result in a protest by the Jury.
- Reasonable actions by the organizing authority of the event to implement COVID-19 guidelines, protocols or legislation, even if they later prove to be unnecessary, are not incorrect actions or omissions and will not be grounds for redress (this changes RRS 62.1(a)).

2. COVID referent and crisis unit in case of suspicion of infection:

a- COVID Referent:

b- The COVID referent will be Servane MOREAU – regate@yccarnac.com - +0033297526644

c- COVID committee in case of suspicion of infection:

- The COVID committee will be composed of:
 - Representative of the OA Servane Moreau,
 - Principal Race Officer,
 - Chairman of the Jury or Chief Umpire,
 - COVID Referent,
 - A competent person to assist this committee and to take necessary measures.

- Operation:
This committee will follow the recommendations issued by the Ministry of Sports in the document "Health protocol management case of suspicion and positive Covid-19 cases / sports movement":
<http://sports.gouv.fr/IMG/pdf/ficherentreeprotocolesanitaire.pdf>

This committee must be informed of any suspicion of COVID before, during and after the event. It will deal with any COVID suspicion and decide the measures to be taken in such a case. Any decision of the COVID committee is final and must be respected, in accordance with this appendix and the articles of the Notice of race and the sailing instructions that deal with the COVID 19 health crisis.

3. Considering the Covid19 Risk by participants:

By registering for the *Solo 2022 Nations Cup* any competitor, as well as his support persons, certify to have knowledge of the risk of Covid-19, and having considered it.

Each competitor and support persons are therefore perfectly aware that:

- hygiene and physical distancing measures, known as "barrier gestures", are to be observed at any place and at any time, as well as additional provisions issued by the Ministry of Sports, and undertakes to respect them,
- there is risk of infection accentuated by the proximity of another person, when sailing on a crewed or paired sailboat, or any other situation of proximity of less than one metre, without adequate reinforced protection,
- despite the implementation of reinforced means of protection, practice may expose a competitor to a health risk, in particular infection by Covid-19,
- despite the measures taken and followed, the host institution, the structure / the club, can not guarantee total protection against exposure to, and infection with, Covid-19. It releases the Organizing Authority from any responsibility in the event of infection,
- all these measures aim at preserving the health and physical abilities of the competitors, accompanying persons and members of the Organising Authority participating in the competition.

4. Suspected case of COVID-19:

"A boat that presents a suspected case of Covid 19 in its crew must immediately abandon the race/event and comply with the guidelines of the health authorities. If it does not, it may be disqualified. If it is considered necessary, the jury may also open a hearing in accordance with Rule 69".

5. Weighing of crews: (*Not Applicable for the Solo 2022 Nations Cup*)

Article "Registrations" of the notice of race, specify:

"For all classes for which the weight of the crew must be respected, there will be no systematic weighing during registration. Random weighing may be organised before and or during the competition, according to the procedures specified in the sailing instructions. »

6. Complete the article – "Eligibility and registration" of the Notice of Race with the text below:

Access to the competition site and participation:

1 - A valid "**health pass**" must be presented upon arrival at the competition site by the categories of people below, aged 12 and over:

1.1 Competitors

1.2 Support persons (as defined as Support Person in the 2021-2024 RRS)

1.3 Any person who wishes to enter the site during the competition or whose presence is necessary on the site during the competition (organizers, officials, class representatives, etc.)



This **Health Pass** comes in the following forms :

The attestation of a complete vaccination schedule (plus 7 days after the last injection) – EU digital COVID certificate or equivalent,

Or

The negative result of one antigen test or a self-test supervised by a health professional, of less than 24 hours,

Or

The negative result of an RT-PCR test of less than 24 hours,

Or

The result of a positive RT-PCR or antigenic test attesting to recovery from Covid-19, at least 11 days old and less than 6 months old.

2 - Only people who have met the obligation to present a Health Pass and people under 12 years of age will receive a personal pass to keep and present at each entry to the competition site.

For more information on the "health pass" consult:

<https://www.gouvernement.fr/info-coronavirus/pass-sanitaire>

<https://www.gouvernement.fr/info-coronavirus/vaccins>



APPENDIX B

Prescriptions of the Fédération Française de Voile Racing Rules of Sailing 2021-2024

FFVoile Prescription to **RRS 25.1** (*Notice of race, sailing instructions and signals*):

For events graded 4 and 5, standard notices of race and sailing instructions including the specificities of the event shall be used. Events graded 4 may have dispensation for such requirement, after receipt of FFVoile approval, received before the notice of race has been published.

For events graded 5, posting of sailing instructions will be considered as meeting the requirements of RRS 25.1 application.

(*) FFVoile Prescription to **RRS 64.4** (*Decisions on protests concerning class rules*):

The protest committee may ask the parties to the protest, prior to checking procedures, a deposit covering the cost of checking arising from a protest concerning class rules.

(*) FFVoile Prescription to **RRS 67** (*Damages*):

Any question or request related to damages arising from an incident occurred while a boat was bound by the Racing Rules of Sailing depends on the appropriate courts and cannot be examined and dealt by a protest committee.

A boat that retires from a race or accepts a penalty does not, by that action alone, admit liability for damages.

(*) FFVoile Prescription to **RRS 70.5** (*Appeals and requests to a national authority*):

The denial of the right of appeal is subject to the written approval of the Fédération Française de Voile, received before publishing the notice of race. This approval shall be posted on the official notice board during the event.

(*) FFVoile Prescription to **RRS 76** (*Prescription to RRS 76.1*)

An organizing authority or race committee shall not reject or cancel the entry of a boat or exclude a competitor eligible under the notice of race and sailing instructions for an arbitrary reason.

(*) FFVoile Prescription to **RRS 78.1** (*Compliance with class rules; certificates*):

The boat's owner or other person in charge shall, under his sole responsibility, make sure moreover that his boat complies with the equipment and security rules required by the laws, by-laws and regulations of the Administration.

(*) FFVoile Prescription to **RRS 86.3** (*Changes to the racing rules*):

An organizing authority wishing to change a rule listed in RRS 86.1(a) in order to develop or test new rules shall first submit the changes to the FFVoile, in order to obtain its written approval and shall report the results to FFVoile after the event. Such approval shall be mentioned in the notice of race and in the sailing instructions and shall be posted on the official notice board during the event.

(*) FFVoile Prescription to **RRS 88.2** (*Prescription to RRS 88.2*):

Prescriptions of the FFVoile shall not be changed in the notice of race and sailing instructions, except for events for which an international jury has been appointed.

In such case, the prescriptions marked with an asterisk (*) shall not be changed in the notice of race and sailing instructions. (The official translation of the prescriptions, downloadable on the FFVoile website www.ffvoile.fr, shall be the only translation used to comply with RRS 90.2(b)).

(*) FFVoile Prescription to **RRS 91(b)** (*Protest committee*):

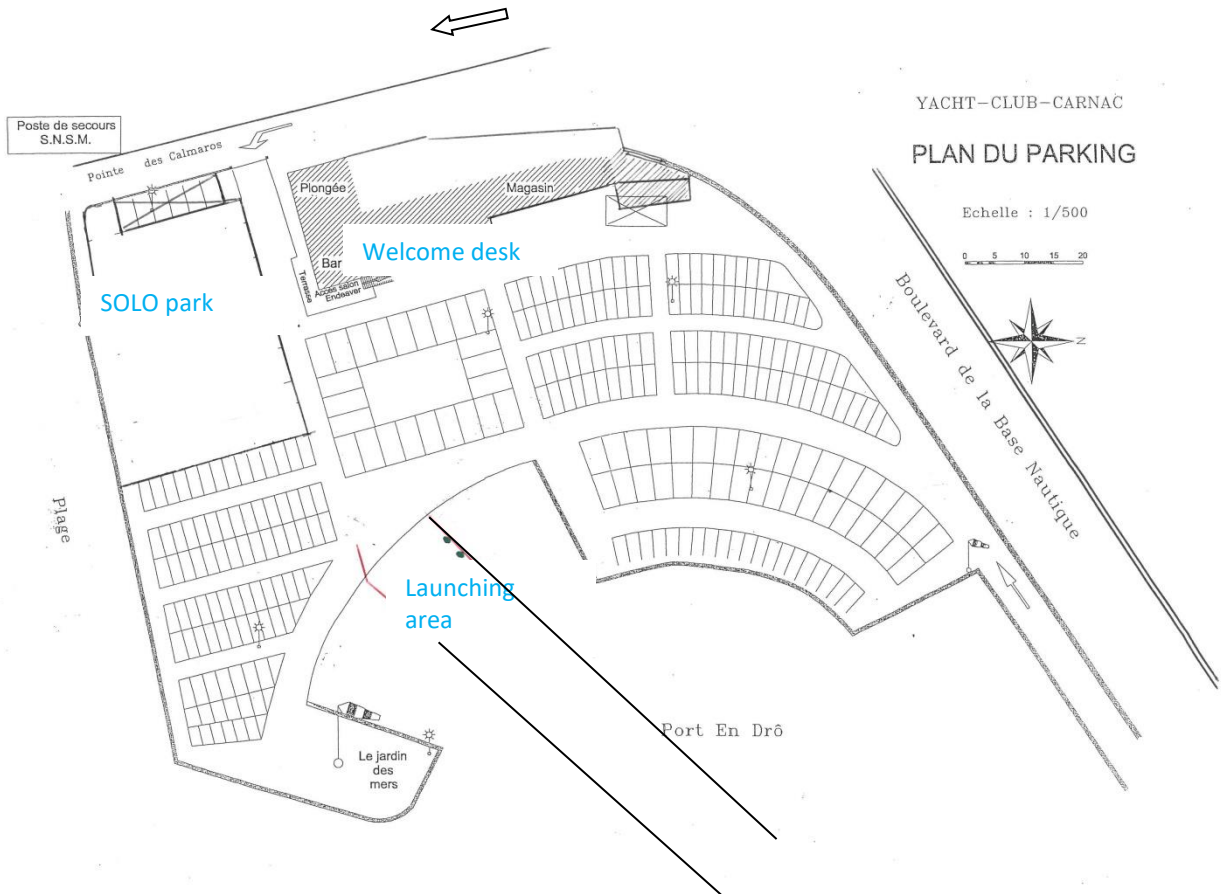
The appointment of an international jury meeting the requirements of Appendix N is subject to prior written approval of the Fédération Française de Voile. Such approval shall be posted on the official notice board during the event.

FFVoile Prescription to **APPENDIX R** (*Procedures for appeals and requests*):

Appeals shall be sent to the head-office of Fédération Française de Voile, 17 rue Henri Bocquillon, 75015 Paris – email: jury.appel@ffvoile.fr, using preferably the appeal form downloadable on the website of Fédération Française de Voile: <http://espaces.ffvoile.fr/media/127235/formulaire-dappel.pdf>

APPENDIX C

LOCATION OF THE REGATTA FACILITIES



APPENDIX D

APPROXIMATE LOCATION OF THE RACING AREA

